

POST-OP INSTRUCTIONS FOR ROOT CANAL TREATMENT

Root canal therapy often takes two or more appointments to complete depending on the severity of infection. At the start of treatment the dentist may isolate the tooth with a rubber dam to prevent salivary contamination of the canal system and protect you from the irrigants used during the procedure. A temporary filling or crown is placed to protect the tooth between appointments.

After each appointment when anesthetic has been used, your lips, teeth and tongue may be numb for several hours after the appointment. Avoid any chewing until the numbness has completely worn off.

If antibiotics are prescribed, continue to take them as prescribed, even if all symptoms and signs of infection are gone. Since the tooth is very fragile following treatment, avoid eating sticky and hard foods. Avoid chewing on that side until the permanent crown is placed. The permanent crown will protect the tooth from breaking in the future. Call us with any questions at 610-444-8744.